

# Pitchers Ignoring the 2 ABSOLUTES of Motor Preferences: Severe Injury is the result - Example #1

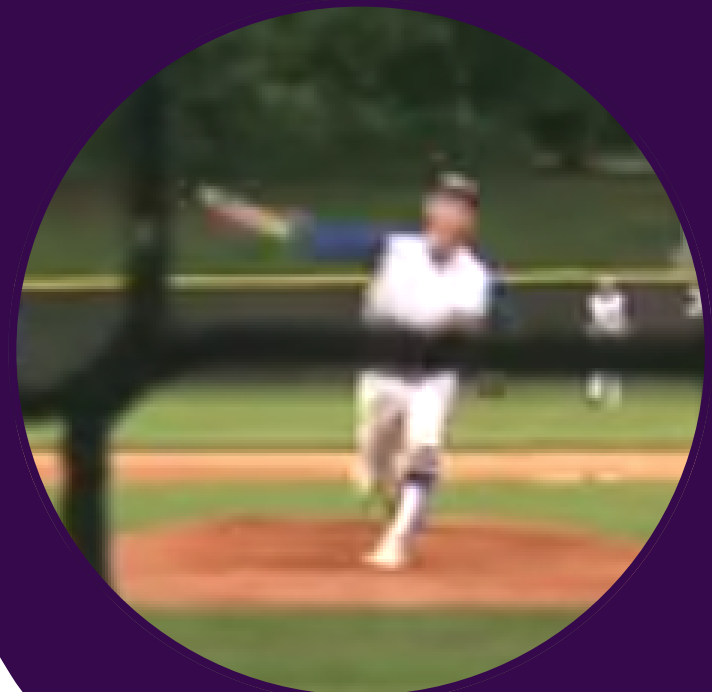
## THE 2 ABSOLUTES OF MOTOR PREFERENCES

The combination of:

- \* Having either a Vertical or Horizontal Organization
- \* Having either a High or Low mobile point in the spine

These 2 Motor Preferences, will determine Pitchers release point and are ABSOLUTES!!

Trying to change or influence these 2 will harm the individual big time and result in severe arm injuries!

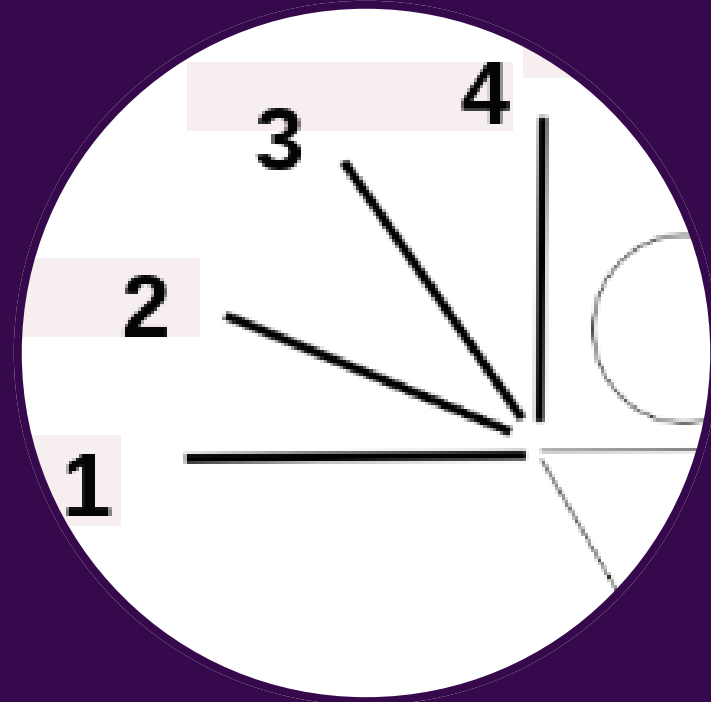


**MLB 2023/2024**

### EARLIER IN HIS CAREER

Earlier in his career he exhibited a significant different release point.

Which was in accordance with his natural motor preferences



By comparing how he threw earlier in his career to the present, it becomes evident that he exhibits significant different release properties.

However, these properties are completely divergent from his natural motor preferences and actually work against him

# Pitchers Ignoring the 2 ABSOLUTES of Motor Preferences: Severe Injury is the result – Example #2

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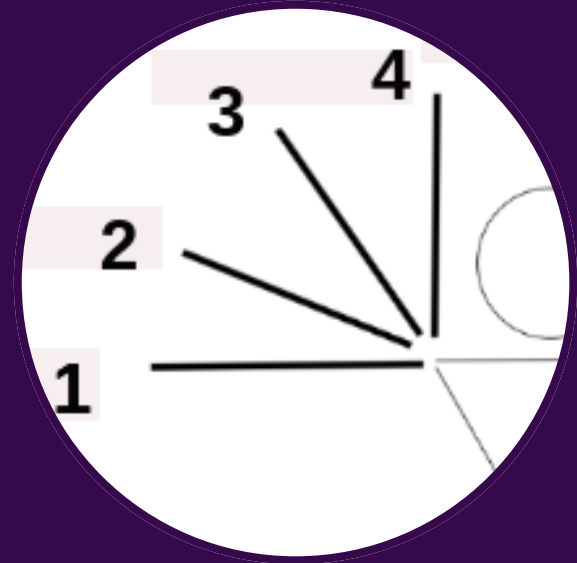
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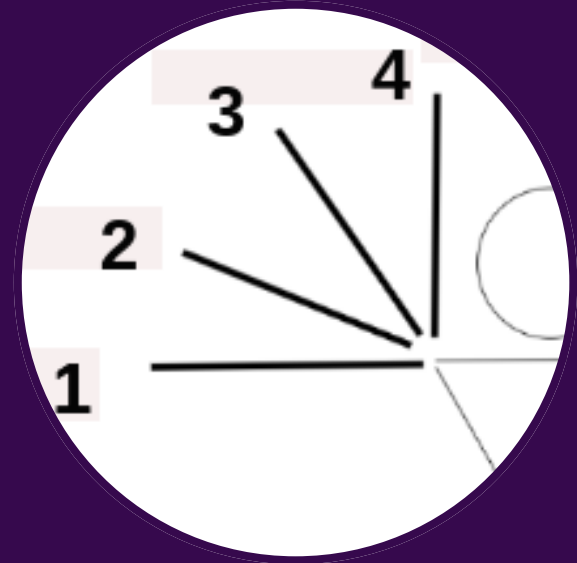
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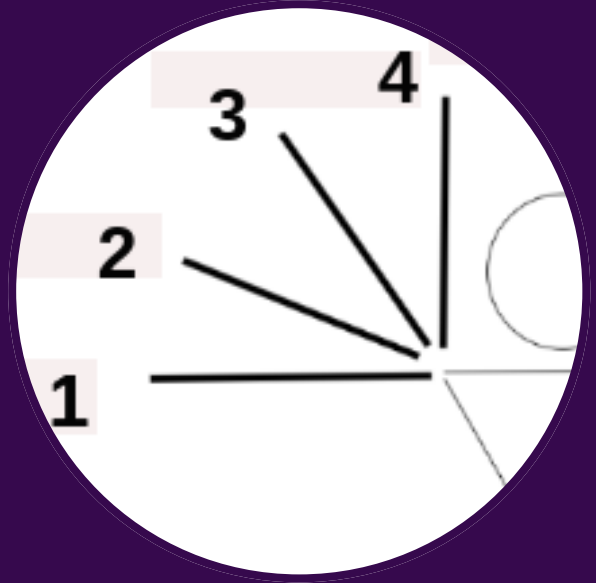


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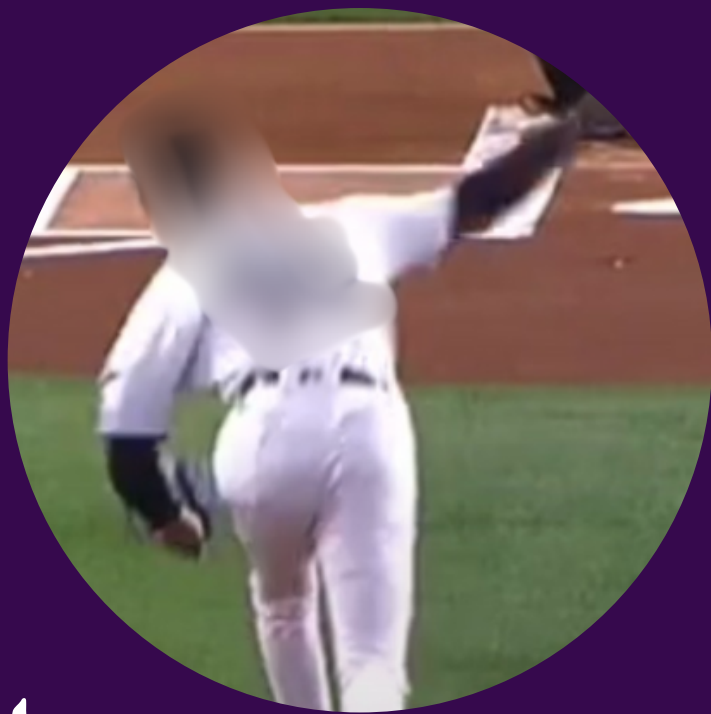
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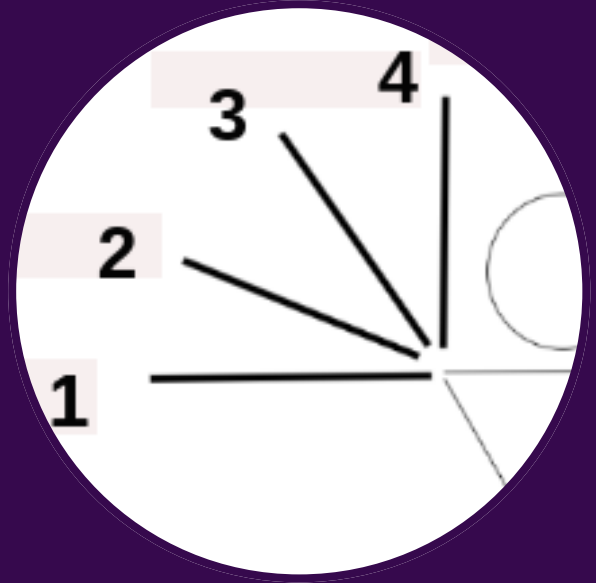


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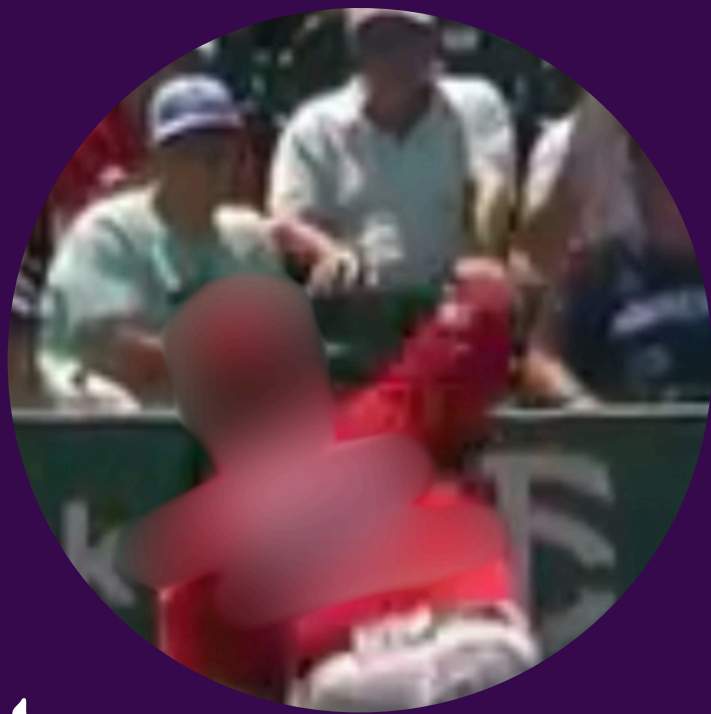
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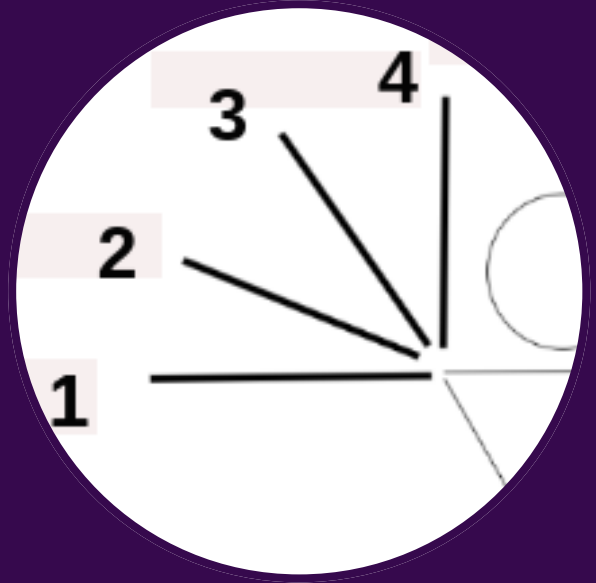
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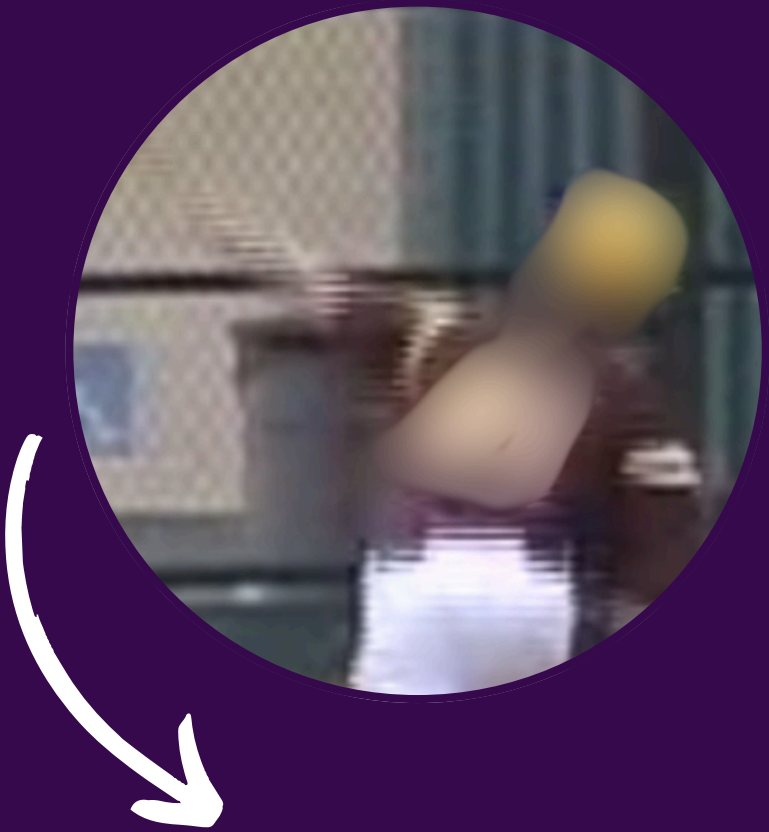
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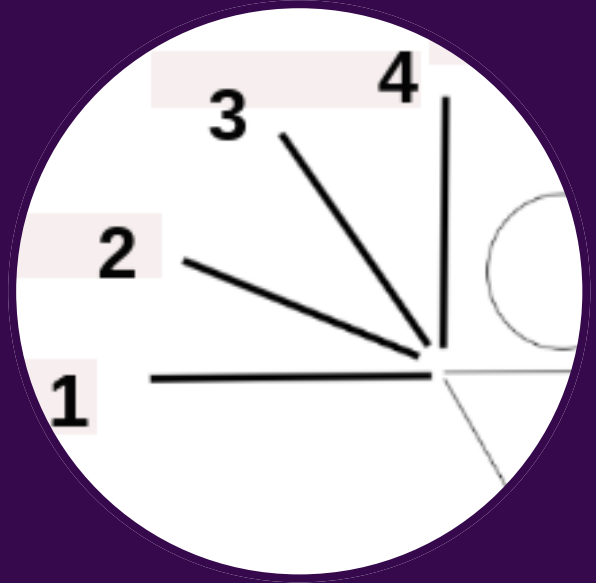
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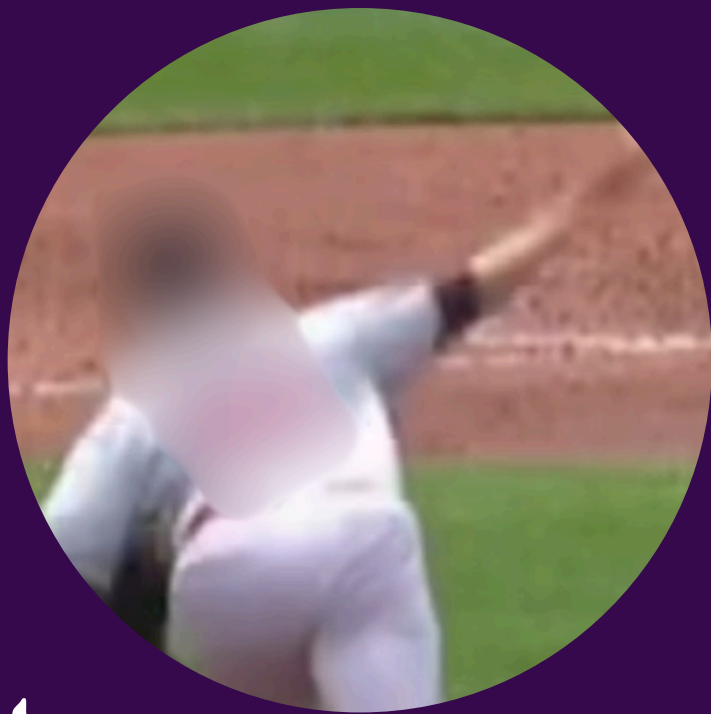
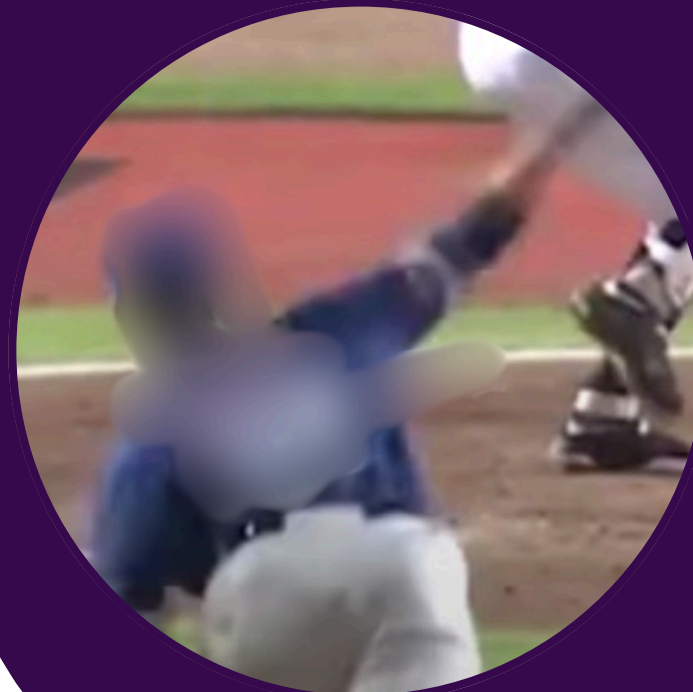
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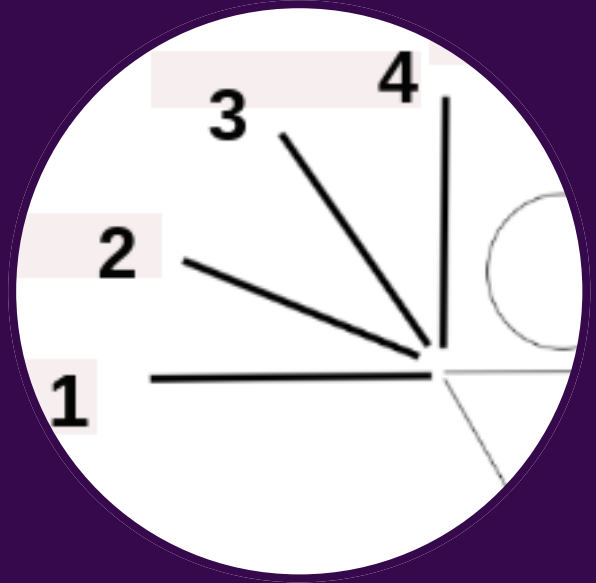
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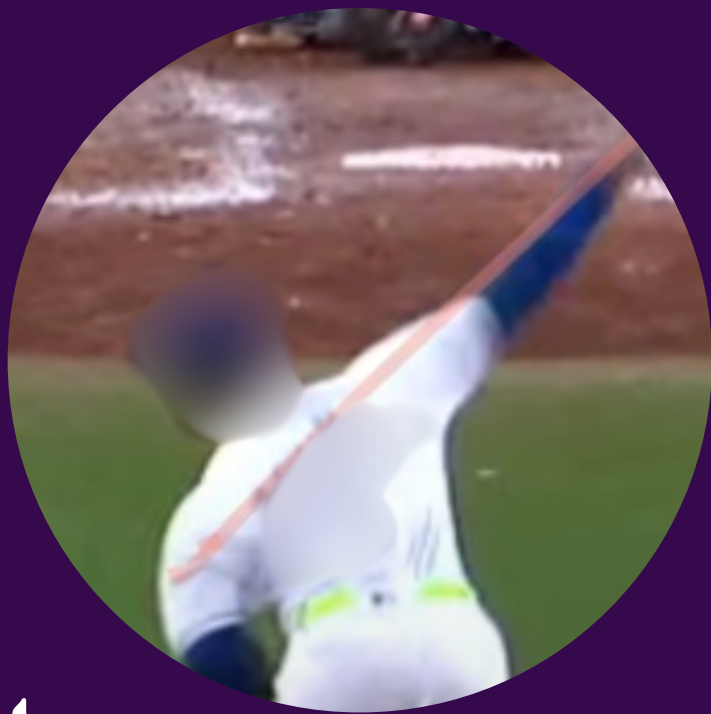
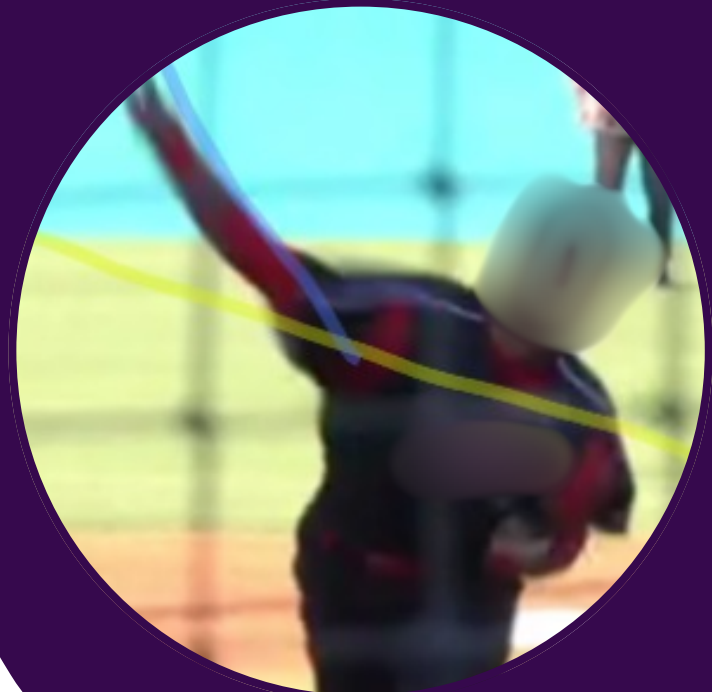
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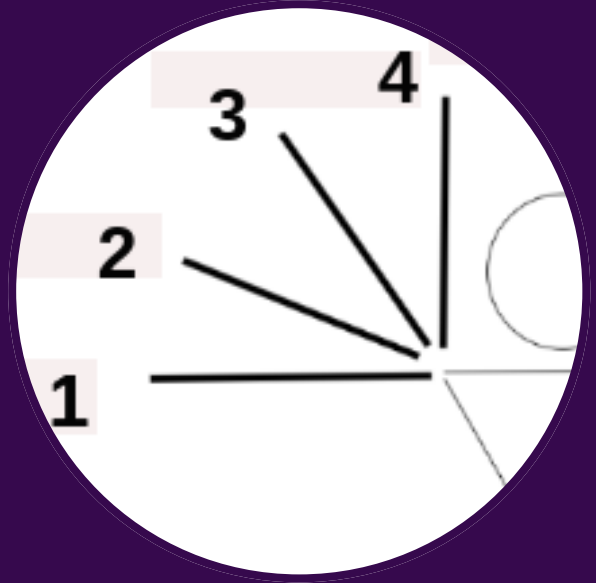


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